

DAY 4
MONDAY
28-Jun-10

HANCOCK CITY PARK
HANCOCK, MD
TO
TRAIL INN BED & BREAKFAST
FROSTBURG, MD

GO 0.5 MI.	LEAVE HANCOCK CITY PARK	L ON MAIN ST.
GO 0.2 MI.	ON MAIN ST.	R ON BIKE STORE ST.
GO 9.0 MI.	ON BIKE STORE ST.	R ON PAVED BIKE TRAIL
GO 9.0 MI.	ON PAVED BIKE TRAIL	L MOVE OVER TO C&O CANAL TOWPATH
GO 51.0 MI.	ON C&O CANAL TOWPATH	S ON ALLEGANY PASSAGEWAY TRAIL
GO 16.0 MI.	ON ALLEGANY PASSAGEWAY TRAIL	L UP HILL AT KIOSK TO TRAIL INN

RIDE = 76.7 MI.